



CAMIRAL
A QUINTA DO LAGO RESORT
GIRONA • SPAIN





Camiral is a fully-serviced lifestyle resort with an unrivalled location less than an hour from the vibrant metropolis of Barcelona, 25 minutes from the beaches of the Costa Brava and just 15 minutes from the historic town of Girona. Award-winning and recognized as one of the best golf resorts in Europe, it is one of the world's leading real estate developments and fully- serviced lifestyle resorts.

It incorporates two championship golf courses, a 5-star luxury hotel, a contemporary Hotel, Hotel Lavidá, Kids Club facilities and wide-ranging gastronomy options. Camiral offers a myriad of outdoor activities designed to encourage guests to enjoy the picturesque surroundings.

LOCATION



LOCATION



COSTA BRAVA





GIRONA

BARCELONA



A prestigious resort in a privileged location.
Situating between mountains and sea,
with an unbeatable climate.



RESORT MAP



RESORT MANAGED AS A NATURAL RESERVE

The resort has long been committed to environmental conservation and sustainability. In 2013, it was the first European Tour destination to receive the GEO Certificate from the Golf Environment Organization. In 2020, it received the IAGTO Sustainability Award for Nature Protection in recognition of excellence in environmental and social responsibility.

The maintenance and upkeep of the resort is akin to that of a natural sanctuary, with resident biologist overseeing its native fauna and flora. This differs to the methodology underpinning most golf courses, in line with policies established in the European Green Deal and the EU biodiversity strategy 2020-2030.



A new destination 5-Star hotel in
the heart of a breath-taking region.

A blend of modern aesthetics
and natural environment.

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A MEMBER OF

THE LEADING HOTELS
OF THE WORLD®

FINE HOTELS + RESORTS®


VIRTUOSO
PREFERRED



BEAUTIFULLY DESIGNED

Richly textured living spaces



HOTEL









HOTEL

With direct access to the Wellness Centre, these spacious 72 sq m suites have been designed to exude relaxation from the moment you enter.

Featuring a spacious living area, kitchen and dining space as well as a bedroom, bathroom and separate toilet, this space can be transformed from bedroom to your own personal wellness space within minutes.

Camiral Suites





HOTEL

- 72 square meter space
- 12 square meter balcony area
- One courtesy toilet and one bathroom
- Dressing Room
- Spacious living room area that can be converted into wellness area for massages or movement
- Kitchen and dining space
- Exclusive wellness amenities
- In-room aromatherapy which will be changed dependent on the time of day for optimal relaxation
- 30 minutes complimentary massages in the room, per person
- Movement items including fitness ball and yoga mat
- Personalised service from the concierge department

Camiral Suites



- Restaurants and terrace
- Outdoor heated pool
- Cycling facilities
- Buggy parking

Designed specifically for
golf and cycling enthusiasts





LAVIDA

Comfortable rooms



RENTALS

From luxury apartments to villas we have a wide range of properties to suit your taste and budget.



RENTALS



GASTRONOMY

In our resort you can find the following restaurants:

- Bella's Restaurant at LAVIDA hotel 4* (Italian cuisine)
- Origin Restaurant at Hotel Camiral 5*, fine dining and gastronomic cuisine.
- Camiral Bistro at Hotel Camiral 5*, sharing vibes and Catalan cuisine.
- Lounge Bar at Hotel Camiral 5*, main bar at the hotel and a list of tapas and informal food options.
- The Club Café at our Clubhouse where you can find a great variety of options for all our meals.



WELLNESS CENTRE

At Camiral, we believe that performance and wellbeing go hand in hand. The Wellness Centre offers a transformative space where advanced therapies, physical recovery, movement and expert nutrition come together in perfect balance.

Whether you're winding down after a game or embracing a healthier lifestyle, we personalise every journey – merging technology, tradition and nature to support long-term health, vitality, and recovery.



WELLNESS CENTRE

TECHNOLOGY & RECOVERY

Our cutting-edge treatments are designed to support athletic recovery and optimise physical wellbeing.

- **Whole-Body Cryotherapy (-110°C):**
Reduces inflammation, relieves muscular pain, and boosts post-game energy.
- **Photobiomodulation:**
Uses red light to accelerate cell regeneration, reduce pain, and improve recovery.
- **Oxygen Chamber Therapy:**
Enhances focus and circulation and speeds up muscle recovery.
- **Pressotherapy:**
Stimulates lymphatic drainage, perfect after long walks on the course or intensive training.



WELLNESS CENTRE

TREATMENTS & PROGRAMMES

Whether you're looking for targeted treatments or a fully guided wellness experience, we offer a wide range of options to restore balance, energy and recovery, blending high-tech therapies, holistic rituals, movement, and nutrition.

Signature Treatments:

- Signature Hammam Experience
- Holistic Massages, Reflexology & Hot Stones
- Bioline Body Concept & Mum-to-Be Massage
- Biologique Recherche & Bioline Facials
- Icoone Laser Med (Face & Body)

Holistic Rituals:

Three immersive 2-hour journeys combining exfoliation, aromatherapy, and mindfulness to reconnect body and mind.

Wellness Programmes:

- **Detox & Cleanse:** Reset and purify through detox therapies and personalised movement.
- **Longevity & Vitality:** Enhance stamina and cellular regeneration with tech, fitness and nutrition.
- **Wellbeing:** A calming blend of therapeutic care and mindfulness for emotional and physical balance.

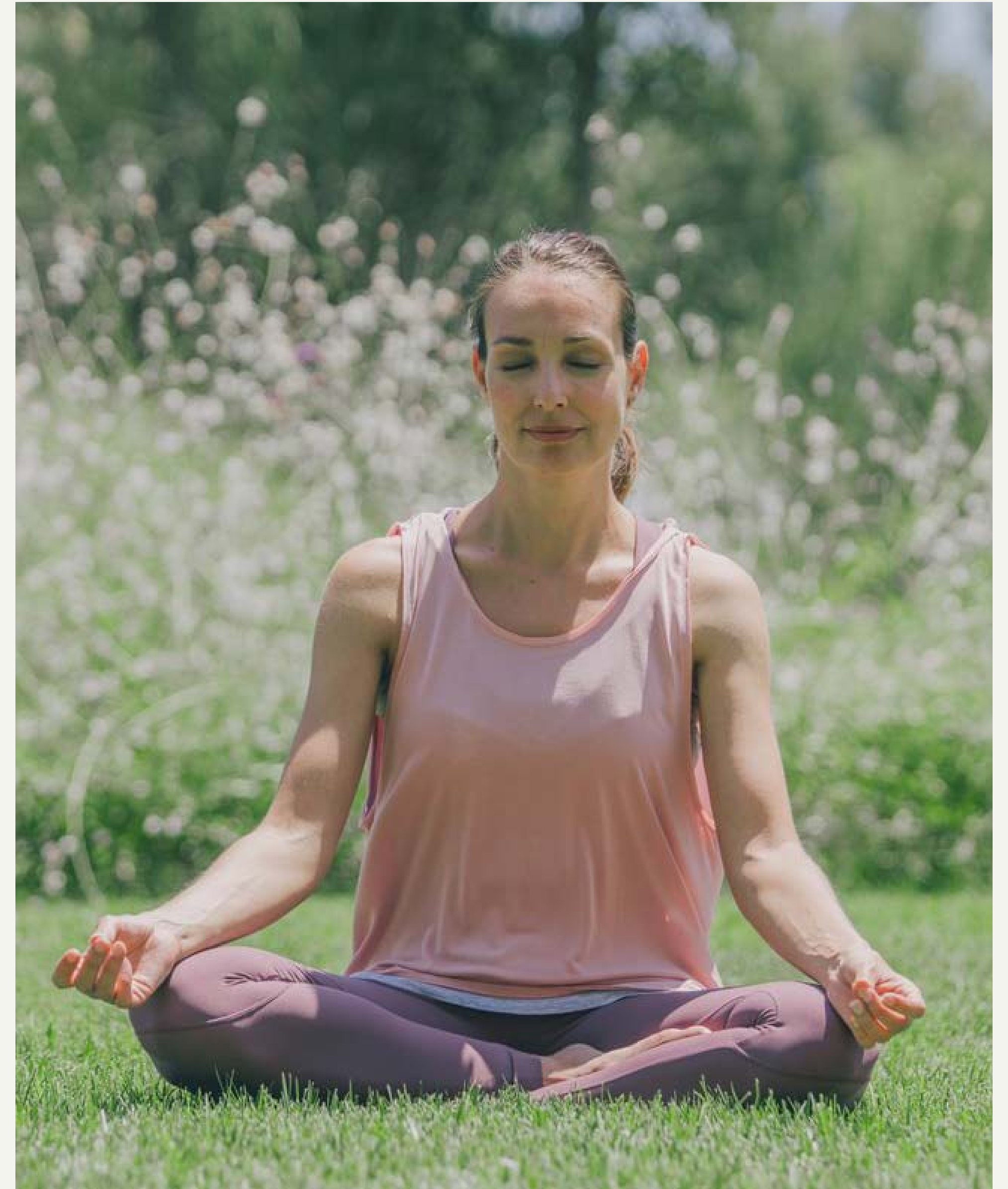


WELLNESS CENTRE

MOVEMENT

Our movement sessions complement any golf or wellness routine, helping guests maintain mobility, balance, and core strength through low-impact yet highly effective practices.

- **Reformer & Mat Pilates:**
Improves posture, flexibility, and core control - essential for a solid swing.
- **Yoga (private or group):**
Enhances strength, breathwork, and balance.
- **Barre Classes:**
Blends ballet, Pilates, and yoga to tone muscles and boost energy.
- **Personal Training & Gym:**
One-to-one coaching or independent workouts in a fully equipped fitness space.



ACTIVITIES



FITNESS GYM





CAMIRAL
FOREST PARK

A QUINTA^{DO}LAGO RESORT

CAMIRAL
BIKE HUB
A QUINTA^{do}LAGO RESORT

CAMIRAL
TENNIS HUB
A QUINTA^{DO}LAGO RESORT



CAMIRAL
KIDS CLUB
A QUINTA^{DO}LAGO RESORT

SUNSET SESSIONS





CAMIRAL
THE VINEYARDS
A QUINTA^{DO}LAGO RESORT

PGA NATIONAL ACADEMY

Camiral PGA National Academy is the only PGA-backed academy in Spain. With 30 years of golf tuition expertise, the PGA has a proven track record of transforming golfers' games.

Boasting some of the finest practice facilities in Europe and a carefully curated team of professionals, our Academy offers lessons tailored for individuals and groups of all ages and abilities.

Technology:

- GEARS 3D
- TrackMan
- TrackMan Range
- Smart2Move 2D

TRACKMAN
UNLEASH YOUR POTENTIAL



THE STADIUM COURSE

Maintained Top 10 Ranking in Continental Europe since 1999



THE TOUR COURSE



HOME TO THE 2031 RYDER CUP

Camiral has been selected to host the Ryder Cup 2031, one of the most prestigious sporting events in the world.

This iconic tournament will return to Spain after more than three decades, positioning Camiral as a key player in the international golf scene and a reference in global golf tourism.

Hosting the Ryder Cup further highlights Camiral's position as one of Europe's leading golf and lifestyle destinations.





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